

APSS NEWSLETTER

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This newsletter is published monthly.

For submission information contact Erica Baker-Bringedahl at bakereri@gvsu.edu.

Congratulations

Jenn Palm - I just completed the Master of Science in Communications program. Attached are two photos: One with me and Dean Potteiger, where I am receiving the Outstanding Final Project Award and one with Jackson.



I've been a Grad School Mom for 4 years now – I worked with amazing faculty and learned so much but I am ready to spend more time with my family!

Michelle Holstege - I am so proud of my daughter Jessica as she will be graduating from Allendale High School this year! It is a big first for me, and very bittersweet as she is my first one leaving the nest. Thankfully GVSU will be her home (away from home) and she will be a Laker in the Fall! So you will see her around campus this fall.



Retirement Time

I wanted to be able to personally connect with so many of my co-workers before retiring last week, but distance had its challenges and email seemed too informal. So I asked if I could use this format to say good-bye to many of you that I have worked with during my 21 years with GVSU in Traverse City. I applied for a position in 1996 that was titled "Office Manager" and my responsibilities were not really defined. I never let a title or a challenge stand in my way of figuring out how to get things done and owe my success to so many of you. If I could tell one colleague how lucky we all are to be part of such a great Institution and that whatever your classification might be, it is a career you should embrace. Working at an off-campus site had its own challenges and I was not always able to partake in some of the "perks" that everyone does on campus, but I had the opportunity to help students navigate through our system and complete a degree without travelling to Grand Rapids or Allendale and that was a great feeling. BUT...I could not have done it without the great assistance I received from so many of you...and many of us have never met So THANKS!!!! I look forward to this next chapter in my life. I have nine little grandchildren that I want to get to know better and many memories of my career that I will never forget. Thanks to all of you for being part of it.

Sue Wierzbicki



UNION NEWS

NOTICE: Summer dues schedule

Union dues will not be taken out of your paychecks for the pay periods between May 21st and July 29th (payroll numbers 12 – 16). Dues will start back up on July 30th and will be deducted from your check dated 8/22/17 (payroll number 17).



What does being a member of the Alliance Professional Support Staff (APSS) mean for you?

- Great Wages-see appendix A
- Tuition free courses for you the employee-12.8.1
- Reduced tuition for spouses & dependents-12.8.2
- Great Salary Continuation benefit for medical appointments, attending funerals for a family member, caring for an aging parent, etc.-12.3.3
- Inclement weather usage-12.3.3-F
- Great vacation time accrual and carryover-12.2.1
- 9 Paid Holidays-12.1

These great benefits are further described in our current contract. Some of these topics are being talked over with the university during the bargaining sessions. Please remember our team as they meet on the following day-May 4, 8, 15, 24, 30 & June 7, 13, 19, and 21.

Thank you for your continued support!

Becky Bakale

President of Alliance Professional Support Staff

PSS WORKSHOPS

As the semester is in wind down stage I want to point out some upcoming seminars that are PSS approved.

The PSS Development Committee is sponsoring some of the non-technical ones, and our great friend, Sherry Barricklow from IT, has put together some great technical seminars that you had asked for in the survey from last fall.

Please check out Sprout www.gvsu.edu/sprout to register.

Look for :

Technical

- Outlook Calendars for Windows, Outlook Calendars for Macs, Getting started with Google Applications,
- How to Edit and Manipulate Digital Images for Windors or Macs, MS Excel Session 1, 2, 3.

Non-Technical

- Goals: Dream Big—this is coming up next week in both Allendale and Downtown. A great help for your ePDP.
- To round out the academic year we have a seminar presented by Pat Waring and Jill Craig about event planning.

Enjoy the sunshine in the upcoming months!

Denise



HEALTH & WELLNESS WORKSHOPS & INFORMATION

Check out our [Spring and Summer Resource Guide](#) for all events and programs for faculty, staff and family members to be well.

How to Cycle Safely

May 16th and 17th 12pm

This lunch and learn serves as a 45 minute introduction to safe and knowledgeable bicycling. The discussion is led by instructors certified by the League of American Bicyclists (LCIs) and will cover bicycle components and terms, rules of the road, cycling comfort and safety, bicycling infrastructure, and more!

Opportunity also is provided for participants to discuss what they encounter while bicycling and any barriers they experience to cycling with the LCIs. Register on www.gvsu.edu/sprout.



Understanding your health can be confusing.

Priority Health is here to help!

- Learn to manage your conditions like asthma, hypertension and diabetes
- Connect with resources to help you be your healthiest
- Find an in-network doctor or specialist
- Navigate the health system and coordinate your care

Meet your Care Manager

Christine, RN, BSN, CDE, is passionate about helping members get the care they need to prevent and manage their health conditions. Contact:

Christine.A@PriorityHealth.com or 800.998.1037 ext 68887

2016-2017

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IMPORTANT DATES

Spring/Summer semester begins: May 8

Memorial Day Recess: May 29

SUGGESTIONS FOR UPCOMING ISSUE

Any summer travel or home plans? If so, please share to me,
Erica by May 26.

MAY DATES

Birthdays

4 - Cassandra Hinzman

14 - Melissa Kurek

21 - Cherilyn Denomme

GVSU Anniversary

7 - Melissa Kurek

Wedding Anniversary

4 - Janet Potgeter

9 - Susan Brunell

16 - Erica Bringedahl

16 - Andrea DeWicki

21 - Charlyn Worthem

23 - Jay Zink

25 - Krystal Vande Bosch



Thinking of You Cards:
Do you know someone
who is off work because
of surgery, illness, or
accident? Please let
Deb Barko know. She
will send a card from
our Association.

If you would like your
birthdate, GVSU
anniversary, and/or
wedding anniversary
published in the
newsletter email Erica at
bakereri@gvsu.edu.