

# APSS NEWSLETTER

February 1 2016

Volume 6, Issue 7

2015-2016

## EXECUTIVE BOARD

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This newsletter is published  
monthly.

For submission information  
contact Erica Baker-Bringedahl  
at [bakereri@gvsu.edu](mailto:bakereri@gvsu.edu).



## Baby announcements!

What is more fitting for Valentine's Day than sharing photos of babies!

**Kathy Rice** - As of December 1, 2015, this little girl is an orphan no more! On December 18th my daughter returned home after adopting her daughter, Octavia, from Armenia. Octavia was born Nov. 10, 2014.



**Julie Carbine** - Just wanted to share a photo of Hattie James, my granddaughter, who arrived on Dec 19. Check out the toes!!!



**Erica Bringedahl** - My sister had a baby girl, Lillian Rose, on December 22, 2015. This is the first girl on both of my sister's sides of the family. We are so very excited to get to purchase pink clothes and tutus. :)



## Valentine's Day Recipe

### Chocolate Truffle Cookies with Sea Salt

#### Ingredients

- 1/4 cup all-purpose flour
- 1/4 teaspoon baking powder
- 1/4 teaspoon salt
- 1 1/2 cups Ghirardelli 60% Cacao Baking Chips, for melting into the cookie dough
- 2 tablespoons unsalted butter
- 2 eggs
- 1/2 cup granulated sugar
- 1 teaspoon vanilla extract
- 1/3 cup Ghirardelli 60% Cacao Baking Chips, for mixing into the prepared cookie dough
- 2 tablespoons coarse sea salt, or as needed



#### Directions

1. In a heatproof bowl over a double boiler, melt chocolate and butter until smooth. Turn off the stove and let chocolate sit over warm water.
2. Combine flour, baking powder and salt and mix to combine. In another bowl, mix together sugar and eggs, combine thoroughly with a whisk and slowly add the warm chocolate mixture. Stir to combine. Add vanilla extract and mix. Stir in flour mixture. Cool for a few minutes (if batter is warm, chocolate chips will melt). Stir in chocolate chips. Chill for 10-15 minutes.
3. Pre-heat oven to 350 degrees. Scoop rounded tablespoons of batter and place on baking tray. Sprinkle each cookie lightly with a pinch of sea salt. Bake at 350 degrees for approximately 7-8 minutes until the outside looks slightly cracked. Be very careful not to over bake cookies because they will continue to bake as they cool once removed from the oven. Cookies should be soft and gooey in the center.

Recipe found at <http://allrecipes.com/recipe/219081/chocolate-truffle-cookies-with-sea-salt/?internalSource=recipe%20hub&referringId=16495&referringContentType=recipe%20hub>

## Union News

### **SAVE the DATE:**

For the past few months the Executive Board has been meeting to review and update our By-Laws.

We have scheduled a FULL membership meeting to be held on Thursday, March 24 -10am on the Allendale campus and 1pm on the Downtown campus.

Please mark your calendars to attend this meeting. Watch the March newsletter for more details.



## HEALTH & WELLNESS WORKSHOPS & INFORMATION

**Earn up to \$500  
in healthy rewards.**

**HEALTHY CHOICES WELLNESS PROGRAM**

JANUARY 1, 2016 - DECEMBER 31, 2016

Register now: <http://www.gvsu.edu/healthwellness/healthy-choices-wellness-program-271.htm>

Take the **Square Up Your Savings** Challenge and WIN!

**JANUARY 19 - FEBRUARY 18**

Participants play for a chance to win one of 3 iPad mini's!

**Register Now**



Register now: <http://www.squareupyoursavings.org/suys/c/GVSU/1>

## Rewards for the 2015 program

Scheduled payout dates:

Hourly employees: Pay date 2/16/2016

Salaried employees: Pay date 2/29/2016.



**2015-2016****Building Representatives**

Vacant  
Student Service-1<sup>st</sup> floor

Tami John 1-2350  
Kirkhof Cntr

Bill Grimaldi 1-3859  
Alumni house, Service &  
Central Utilities

Carol Talsma 1-7323  
Cntr of Health Sciences &  
515 Michigan

Barb Ellis 1-8611  
Copy Center, Laker Store, &  
Kindschi

Cheryl Anderson 1-3482  
Mac- A-D

Deb Rotman 1-2566  
Calder, Superior, & Arts cntr

Erica Baker-Bringedahl 1-7388  
Seidman Center

Mark Saint Amour 1-7029  
Bike Factory

Hollie Rago 1-3426  
Honors, Connection, Zumberg &  
Lake Michigan

Janet Potgeter 1-8531  
Henry & Padnos

Joyce Sullivan 1-3730  
AuSable & Lake Huron

Autumn DeRoo 1-5936  
Kennedy, Eberhard, Ferguson

Patti McCarthy 1-6751  
DeVos 1<sup>st</sup> & 2<sup>nd</sup> floor

Sandra Jennings 1-8800  
Manitou & Fieldhouse

Jacquelyn Abeyta 231-995-1858  
Holland, Muskegon &  
Traverse City

Vicki Helgeson 1-2630  
Library-Allendale campus

Sally Vissers 1-8058  
Lake Ontario Hall

Rhonda LeMieux 1-3585  
Student service 2<sup>nd</sup> & 3<sup>rd</sup> floors

Patrick Perry 1-6202  
DeVos 3<sup>rd</sup> & 4<sup>th</sup> floors

**Members Relations Team**  
Cheryl Fischer-Chair 1-3000

Michelle Duram 1-3298

Vicki Helgeson 1-2630

# PSS WORKSHOPS

## Trans 101

*Wednesday, February 10th from 1-2:30 pm in 107C DeVos*  
*Wednesday, February 17th from 1-2:30 pm in 2270 Kirkhof*

In this training, participants examine the concepts of gender, sex, and sexuality; learn about the inequity LGBT people face; and examine heterosexual and cisgender privilege. Participants will also get useful tips about both recommended vocabulary and how to be supporters of the LGBTQ community.

Approved for non-technical credit

Sign up at [www.gvsu.edu/sprout](http://www.gvsu.edu/sprout)



## Save the Date-PSS Luncheon

*Tuesday, March 1, 2016 noon-1:30pm, Grand River Room, Kirkhof Center*



## Important Dates

Valentine's Day - February 14  
PSS Spring Luncheon - March 1  
Union Member meeting - March 24

## SUGGESTIONS FOR UPCOMING ISSUE

Going any where for spring break or any plans you want to share for the newsletter that is happening in March? Please email [Erica](mailto:Erica) by February 24 to be in the next newsletter.

## DATES

### Birthdays

2 - Katie Haynes  
4 - Donna Scholten  
6 - Carol Talsma  
8 - Anita Bikowitz  
11 - Kathy Bausano  
15 - Ashley Riley  
18 - Dawn Nagelkirk  
22 - Molly Galloway  
24 - Erica Bringedahl  
29 - Norene Hendricks

### GVSU Anniversary

2 - Janet Mills  
19 - Tammy Tobar  
26 - Amy Duwe  
Sherri Hall

### Wedding Anniversary

6 - Dan Wezeman  
14 - Rhonda Lemieux



If you would like your birthdate, GVSU anniversary, and/or wedding anniversary published in the newsletter email Erica at [bakereri@gvsu.edu](mailto:bakereri@gvsu.edu).

**Thinking of You Cards:**  
**Do you know someone who is off work because of surgery, illness, or accident? Please let Deb Barko know. She will send a card from our Association.**