

APSS NEWSLETTER

May 3 2016

Volume 6, Issue 10

2015-2016

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This newsletter is published
monthly.

For submission information
contact Erica Baker-Bringedahl
at bakereri@gvsu.edu.



Kristin McKenzie - I will graduate with my M.Ed. with an emphasis in Adult and Higher Education this Winter. I am from Muskegon, MI and started working at GV in August 2015 in the Records and Registration office as a Records Assistant/Auditor. I got my bachelor of science degree from Western Michigan University in 2005. Between then and now I have switched between teaching and doing administrative work in higher education, and being a stay-at-home mom. I then then decided to further my education to open up more opportunity for me in higher education. My goals are to remain at Grand Valley in the student affairs capacity.



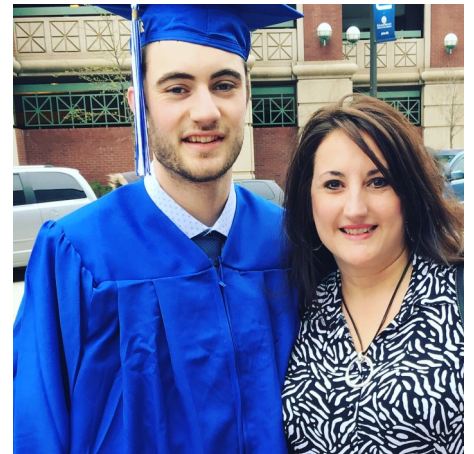
Mary Russo - Mary graduating on 4/30. She was a student worker for Records and Registration and has recently been offered a full-time cashiering job in the Registrars Office!



Mary Spalding - I earned a Masters of Education in Educational Technology. That's me on the left and my partner Teresa Beck on the right. =) We are getting married at the end of June! We actually met at GVSU 8 years ago, at that time I didn't have my Bachelors. Since that time I have earned both the Bachelors and my Masters! Whoo Hooo!



Tara Baker - My son Tate Baker graduated with his bachelors from GVSU Liberal Arts, Advertising



Janice Ponstein - Graduated with my M.Ed. in Adult and Higher Education. Pictured with Tracy London from registrar's office.



Ronda Huster - Tyler Huster, son of Ronda Huster from Alumni Relations, will be graduating from Hudsonville High School on May 26th. Tyler will be attending Grand Valley in the Fall for the Engineering program.



Pat Cox - I graduated last semester! Bachelor of Business Administration-Management Information Systems.



Teri Leedy - My daughter, Katy, has completed the English Ph.D. program at Marquette University in Milwaukee Wisconsin. Her dissertation is titled "Discarding Dreams and Legends: The Short Fiction of Elizabeth Madox Roberts, Flannery O'Connor, Katherine Anne Porter, and Eudora Welty" and she will be awarded her doctorate degree in May. Katy is currently seeking employment opportunities in the public and private sectors. I am very proud of her and all the hard work, dedication, and perseverance she has demonstrated.



UNION NEWS

HELP WANTED

The Union has two positions available on the bargaining team.

- > Team member will full voting power
- > Understudy to serve should one of the team members become unavailable

In either position you will be exposed to

- > writing and applying contractual language
- > negotiating on behalf of your union members
- > the bargaining process
- > working on a team with varying opinions

As a new member, you will not be expected to take a lead in any of the process. We will teach you what the process is and respect your opinion. You will be expected to:

- > think on behalf of all members and not just your own interests
- > hold a strict confidence
- > understand and follow bargaining table rules
- > follow through on assignments
- > be on time to meetings

The earliest we would begin is late fall 2016. Our contract expires Oct 1, 2017. Interested members in good standing should contact bargaining chair Coreen Bedford at bedfordc@gvsu.edu

Reminder

Members going on a maternity or medical leave, can request a dues suspension from their Building Rep or the Membership Director. Please make the request in advance or early in the leave. The APSS will not issue a check to return dues after the leave. Thank you.



Spring Recipe

Barbecued Chinese Chicken Lettuce Wraps

Ingredients

- > 2 cups, 4 handfuls, fresh shiitake mushrooms
- > 1 1/3 to 1 1/2 pounds thin cut chicken breast or chicken tenders
- > 2 tablespoons light colored oil, such as vegetable oil or peanut oil
- > Coarse salt and coarse black pepper
- > 3 cloves garlic, chopped
- > 1 inch ginger root, finely chopped or grated, optional
- > 1 orange, zested
- > 1/2 red bell pepper, diced small
- > 1 small tin, 6 to 8 ounces, sliced water chestnuts, drained and chopped
- > 3 scallions, chopped
- > 3 tablespoons hoisin, Chinese barbecue sauce, available on Asian foods aisle of market
- > 1/2 large head iceberg lettuce, core removed, head quartered
- > Wedges of navel orange -- platter garnish



Directions

Remove tough stems from mushrooms and brush with damp towel to clean, Slice mushrooms. Chop chicken into small pieces. Preheat a large skillet or wok to high. Add oil to hot pan. Add chicken to the pan and sear meat by stir frying a minute or 2. Add mushrooms and cook another minute or two. Add salt and pepper to season, then garlic and ginger. Cook a minute more. Grate zest into pan, add bell pepper bits, chopped water chestnuts and scallions. Cook another minute, continuing to stir fry mixture. Add hoisin Chinese barbecue sauce and toss to coat the mixture evenly. Transfer the hot chopped barbecued chicken to serving platter and pile the quartered wedges of crisp iceberg lettuce along side. Add wedged oranges to platter to garnish. To eat, pile spoonfuls into lettuce leaves, wrapping lettuce around fillings and squeeze an orange wedge over.

Recipe can be found at <http://www.foodnetwork.com/recipes/rachael-ray/barbecued-chinese-chicken-lettuce-wraps-recipe.html>.

HEALTH & WELLNESS WORKSHOPS & INFORMATION



The market will be open every Wednesday starting June 1 – October 26 from 10AM-1:30PM where a healthy lunch option will be offered with live musical entertainment and plenty of fresh produce to pick from.

During opening day there will be a summer grill challenge where President T. Haas & Marcia Haas, Andy Beachnau-Associate Vice Provost & Director of Housing and Health Services and Facilities Services staff are firing up the grills and competing for the best summer recipe. This event will happen between 11:30AM-1PM June 1st and people can sample each recipe and vote for their favorite!

Overall, the Grand Valley State University Farmers Market offers fresh locally grown produce, healthy options, and is celebrating 10 years community involvement.



PriorityHealth

RIVERBANK RUN CORPORATE CHALLENGE

Register and join the GVSU Faculty and Staff team today!

Join President Haas, Marcia and Laker in the 5k community walk. Discount code provided. Register by May 9th! <https://www.gvsu.edu/healthwellness/53-riverbank-run-challenge-448.htm>



FACULTY & STAFF

**SPRING AND
SUMMER 2016**

RESOURCE GUIDE

CLICK HERE TO VIEW GUIDE

Farmers Market, Cooking Demos, Bike Tune Ups and more!

http://www.gvsu.edu/cms4/asset/614589D9-D87D-F688-4E9414B96B94C137/ss_guide2_w_link_small.pdf

2015-2016**Building Representatives**

Cheryl Bronner 1-3327
Student Service-1st floor

Tami John 1-2350
Kirkhof Cntr

Bill Grimaldi 1-3859
Alumni house, Service &
Central Utilities

Carol Talsma 1-7323
Cntr of Health Sciences &
515 Michigan

Barb Ellis 1-8611
Copy Center, Laker Store, &
Kindschi

Cheryl Anderson 1-3482
Lindsey Burns 1-2186
Mac- A-D

Deb Rotman 1-2566
Calder, Superior, & Arts cntr

Mark Saint Amour 1-7029
Bike Factory
Seidman Center

Hollie Rago 1-3426
Honors, Connection, Zumberg &
Lake Michigan

Janet Potgeter 1-8531
Henry & Padnos

Joyce Sullivan 1-3730
AuSable & Lake Huron

Autumn DeRoo 1-5936
Kennedy, Eberhard, Ferguson

Patti McCarthy 1-6751
DeVos 1st & 2nd floor

Sandra Jennings 1-8800
Manitou & Fieldhouse

Jacquelyn Abeyta 231-995-1858
Holland, Muskegon &
Traverse City

Vicki Helgeson 1-2630
Library-Allendale campus

Sally Vissers 1-8058
Lake Ontario Hall

Rhonda LeMieux 1-3585
Student service 2nd & 3rd floors

Patrick Perry 1-6202
DeVos 3rd & 4th floors

Members Relations Team
Cheryl Fischer-Chair 1-3000

Michelle Duram 1-3298

Vicki Helgeson 1-2630

PSS WORKSHOPS

The following workshops are being offered by IT and are approved for technical credit:

- > May 26 EC 513 10:30 – 12:00 Skype for Business: Desktop Conferencing Solution for Windows
- > June 1 EC 513 10:00 – 12:00 Adobe Acrobat Pro DC Intro and Tagging
- > June 2 EC 513 10:00 – 12:00 Adobe Acrobat Pro DC Forms and Tagging
- > June 7 EC 513 10:00 – 12:00 MS Access 2013 Part 1
- > June 8 EC 513 10:00 – 12:00 MS Access 2013 Part 2
- > June 9 EC 513 10:00 – 12:00 MS Access 2013 Part 3
- > June 13 EC 513 10:00 – 12:00 MS OneNote
- > June 14 111 Henry Hall 10:00 – 12:00 MS Excel Part 1
- > June 15 111 Henry Hall 10:00 – 12:00 MS Excel Part 2
- > June 16 111 Henry Hall 10:00 – 12:00 MS Excel Part 3

Sign up by going to www.gvsu.edu/sprout.



Important Dates

May 9 - Spring semester begins

May 30 - Memorial Day

SUGGESTIONS FOR UPCOMING ISSUE

Looking to share summer plans for the next newsletter. Are you planning on taking a nice vacation or planning on a family reunion? Send me a blurb about your plans and a few photos to my email Erica by May 24.

MAY DATES

Birthdays

1 - Carrie Simmons

21 - Cherilyn Denomme

GVSU Anniversary

Wedding Anniversary

9 - Janet Potgeter

9 - Susan Brunell

11 - Mary Watters

16 - Erica Baker-Bringedahl

16 - Andrea DeWicki

21 - Charlyn Worthem

23 - Jay Zink

25 - Krystal Vanden Bosch



If you would like your birthdate, GVSU anniversary, and/or wedding anniversary published in the newsletter email Erica at bakereri@gvsu.edu.

Thinking of You Cards:

Do you know someone who is off work because of surgery, illness, or accident? Please let Deb Barko know. She will send a card from our Association.