## **APSS NEWSLETTER**

February 1, 2017

Volume 7, Issue 8

2016-2017

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INSIDE THIS ISSUE:	
New Years resolutions	1
Recipe	2
PSS Workshops	3
Health & Wellness	4
Union News	5
Dates	6

This newsletter is published monthly.

For submission information contact Erica Baker-Bringedahl at <a href="mailto:bakereri@gvsu.edu">bakereri@gvsu.edu</a>.



**Bonnie Peterson** - A friend of mine inspired me to do a 365 Day Photo Project. Since January 1, I have taken a photo a

day and have been posting them to an album on my Facebook account. My family and I have had a lot of fun already with deciding what should be the picture of the day, or coming up with an idea when we realize it's getting late and I didn't do one yet! I am looking forward to going through the album as we near 2018 and reliving all those days! (One that got a lot of attention is this fella who I snapped a photo of one morning on my way in to DeVos)



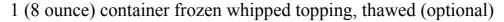
Erica Bringedahl - My resolution for this year is to take every situation in stride. I sometimes get worked up about certain situations and it doesn't help me solve the problem. I am going to not worry about everything and just let somethings happen. :)

## **VALENTINE'S DAY RECIPE**

#### VALENTINE'S DAY SALAD

#### **INGREDIENTS**

- 1 (6 ounce) package strawberry flavored Jell-O®
  - 2 cups boiling water
- 1 (16 ounce) package strawberries, partially frozen
  - 2 bananas, peeled and diced
- 1 (20 ounce) can crushed pineapple, drained





#### **DIRECTIONS**

- 1. In a medium saucepan over high heat, bring water to a boil and add gelatin. After gelatin has dissolved, add strawberries, bananas and pineapple, mix well; remove from heat.
- 2. Spoon mixture into individual heart molds or a 9x13 inch baking dish; chill until firm.
- 3. Top each serving with whipped topping, if desired; serve.

Read more at: <a href="http://allrecipes.com/recipe/15928/valentines-day-salad/">http://allrecipes.com/recipe/15928/valentines-day-salad/</a>



## **PSS WORKSHOPS**

## **Institutional Analysis-Technical Credit**

The Office of Institutional Analysis website is a wonderful resource for data on students, faculty and staff. However, knowing where to look and getting started can be overwhelming. This hands-on workshop will provide an overview of the reports that are automatically generated and uploaded to the website. It will also show how to create a customized report using the "Table Generators".

Tuesday, January 31, 2017 3:00p-4:30p HRY 115 Wednesday, February 1, 2017 2:30p-4:00p DEV 204A

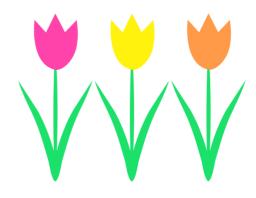
## Generational Differences-presented by Jessi Zieliski LMSW, SAP

Generational differences in the workplace affect us all, yet learning to understand the differences can be tricky. Learn to identify some key characteristics □of generations in the workforce today and how to work successfully with these different groups of individuals. Approved for Non-technical credit

Thursday, February 16, 2017 11 am – Noon KC 2259 Friday, February 17, 2017 2 pm – 3 pm DeVos 302E

#### **PSS SPRING LUNCHEON**

Friday, March 17 noon-1:30 PM Grand River Room, Kirkhof Center RSVP here



# HEALTH & WELLNESS WORKSHOPS & INFORMATION



INK: http://www.gvsu.edu/healthwellness/retiree-benefits-41.htm





## **UNION NEWS**

## **Contract Highlights – PSS Scholarship**

Did you know there is a PSS Scholarship? The PSS Scholarship is an endowed scholarship at Grand Valley State University that is designed to help children or grandchildren of the PSS employee group in the pursuit of an undergraduate degree at GVSU. To qualify for the scholarship the applicants must meet the following criteria:

- The applicant must be a child or grandchild of an employee in the current Professional Support Staff (PSS) employee group
- This PSS employee may either be currently working and has completed a minimum of three continuous years by the application deadline, or a PSS employee who has retired from GVSU and is currently receiving GVSU retirement benefits.
- The applicant must be admitted as a degree seeking student to GVSU and plan to enroll as a full-time student for both fall and winter semesters

The deadline for this scholarship is **March 1**, **2017**. The scholarship is awarded based on those criteria annually. Last year we had 11 students receive an award for \$1000. The award varies based on the number of students that apply and the amount of funds in the scholarship.

The deadline for completing the application is approaching. To apply go to "My Scholarship" under the financial aid website, click on the endowment, and search for "Professional Support Staff."

How can we grow our scholarship? We are responsible for growing our scholarship. If you have contact with specific vendors – consider asking them to support our scholarship. The primary way we can grow our scholarship is to donate directly through the GVSU Faculty/Staff Campaign. If you already donate to the F/S Campaign, consider directing your gift to the PSS Endowed Scholarship. Because the PSS Scholarship is an endowed scholarship the income earned from the funds go to support the scholarship. The university will also match funds donated to an endowed scholarship.

#### 2016-2017 Building Representatives

Cheryl Bronner 1-3327 Student Service-1<sup>st</sup> floor

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Bill Grimaldi 1-3859 Alumni house, Service & Central Utilities

Carol Talsma 1-7323 Cntr of Health Sciences & 515 Michigan

Barb Ellis 1-8611 Copy Center, Laker Store, & Kindschi

Cheryl Anderson 1-3482 Lindsey Burns 1-2186 Mac- A-D

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Patrick Perry 1-6202 DeVos 3<sup>rd</sup> & 4<sup>th</sup> floors

Members Relations Team Cheryl Fischer-Chair 1-3000

Michelle Duram 1-3298

Vicki Helgeson 1-2630

#### **IMPORTANT DATES**

Valentine's Day - February 14

#### SUGGESTIONS FOR UPCOMING ISSUE

Any special plans for Spring Break? If so, send a blurb to me, Erica by February 26.

#### **FEBRUARY DATES**

**Birthdays** 

2 - Katie Haynes

6 - Carol Talsma

11 - Kathy Bausano

15 - Ashley Riley

18 - Dawn Nagelkirk

20 - Lindsey Burns

22 - Molly Galloway

24 - Erica Bringedahl

29 - Norene Hendricks

GVSU Anniversary
1 - Janet Mills

19 - Tammy Tobar

23 - Sherri Hall

26 - Amy Duwe

Wedding Anniversary
14 - Rhonda LeMieux



Thinking of You Cards:
Do you know someone
who is off work because
of surgery, illness, or
accident? Please let
Deb Barko know. She
will send a card from
our Association.

If you would like your birthdate, GVSU anniversary, and/or wedding anniversary published in the newsletter email Erica at bakereri@gvsu.edu.