

APSS NEWSLETTER

June 1, 2017

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2016-2017

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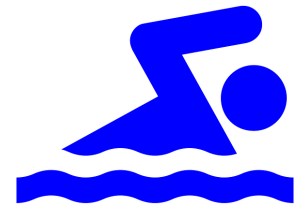
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This newsletter is published
monthly.

For submission information
contact Erica Baker-Bringedahl
at bakereri@gvsu.edu.



Cassandra Hinzman - I plan on taking my twins to Pier Marquette in Muskegon for swimming.



Erica Bringedahl - My husband and I are celebrating our anniversary a month later by going to the Hamilton Broadway play in Chicago! Can't wait to see it. We also just painted our front door after a few years of putting it off. I love the color we chose.



SUMMER RECIPE

GUACAMOLE CHEESEBURGER WITH CHIPOTLE KETCHUP

Ingredients

- 1 1/3 lb. 80% lean ground beef, formed into 4 patties (1/3 lb. each)
- Kosher salt
- Freshly ground black pepper
- 4 slices cheddar
- 4 potato hamburger buns
- 1/2 c. ketchup
- 1 chipotle pepper, chopped
- 4 slices red onion
- Green leaf lettuce
- 1 c. guacamole



Directions

1. Preheat grill or grill pan over high heat. Season burgers with salt and pepper. Cook for 2 minutes per side; add cheese and cover until melted. Transfer to a paper towel-lined plate to rest.
2. Meanwhile, in a small mixing bowl combine ketchup and chipotle.
3. Layer burgers on a potato roll with red onion, lettuce, guacamole and chipotle ketchup

Recipe found [here](#)

UNION NEWS

Note from the Member Relation's Chair:

I have been involved in bargaining my fourth contract for the last two months. This always gives me the opportunity to research more about our contract as well as the University Policies & Procedures. I have found it very interesting the amount of policies and procedures the University has. Unless you experience involvement in using them you don't realize the amount of information that is offered. For instance, did you know there is an Export Controls Policy? If you were asked to attend a conference for your department and travel is involved, the travel and expense policy is seven pages long. All the information you will need is in this policy. It is helpful to see the amount of support the University has for you as an employee at GVSU. I encourage you to go through this section of the Human Resources web page www.gvsu.edu/policies. It will be worth your time and effort!

Cheryl Fischer



HEALTH & WELLNESS WORKSHOPS & INFORMATION



Register online at www.gvsu.edu/sprout
[EVENT LINK](#)



[FREE BIKE TUNE UPS](#) @ DeVos June 14th





RSVP at www.gvsu.edu/sprout
www.gvsu.edu/farmersmarket



DID YOU KNOW?

You must notify the Human Resources office within 30 days of a [life event change](#)?



2016-2017**Building Representatives**

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Members Relations Team
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Michelle Duram 1-3298

Vicki Helgeson 1-2630

IMPORTANT DATES

Father's Day: June 18

1st 6 weeks semester ends: June 19

2nd 6 weeks semester begins: June 26

SUGGESTIONS FOR UPCOMING ISSUE

Looking to share summer/grilling recipes. If you have any to share, please send to me, [Erica](#), by June 26.

JUNE DATES**Birthdays**

11 - Marilyn Vander Wilp

11 - Denise Gross

18 - Carrie Shoup

23 - Mary Van Popering

24 - Diane Zelmer

GVSU Anniversary

2 - Linda Schmidt

7 - Sheryl Nelson

10 - Dorothy Vice

22 - Rafael Juarez-Yuen

29 - Cheryl Fischer

30 - Julie Carbine

Wedding Anniversary

4 -Amy Duwe

4 - Angie Ryan

17 - Deborah Bell

29 - Carol Talsma



Thinking of You Cards:
Do you know someone
who is off work because
of surgery, illness, or
accident? Please let
Deb Barko know. She
will send a card from
our Association.

If you would like your
birthdate, GVSU
anniversary, and/or
wedding anniversary
published in the
newsletter email Erica at
bakereri@gvsu.edu.