APSS NEWSLETTER

April 1, 2018 Volume 8, Issue 10

2017-2018

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This newsletter is published monthly.

For submission information contact Erica Baker-Bringedahl at bakereri@gvsu.edu.





Mary VanPopering - This is Isabelle. We adopted her from the Midwest Boston Terrier Rescue a little over a year ago.



Lisa Morningstar - Here is our baby Joe Joe. He is 4 years old. The photos of Joe when he was a puppy puppy and a more current one. He is truly a blessing to our family and he loves to cuddle..





FURBABIES

Amy Gascon - This is Doug. She is a 1.5 year old corgi and the light of my life.



Diana Turner - Here is my Fiona (named by the shelter because she looks like Fiona from Shrek – we liked the name!) She is the best dog ever.



Heather White - Here is a picture of my two dogs. Willow is on the left and Walker is on the right



Pamela DeJong - Here is a photo of my ragdoll cat, Bianca. All ragdolls have the brilliant blue eyes. They are very affectionate and are great with my grandkids.

Darlene Roper - This is our boxer Lilly. She is 6 years old. This is Polly she is 12 years old. She is mixed breed. We adopted from the humane society.





Shawn Evans - On Sunday mornings, I'm a cat tree. Willow (closer) and Isabel (more distant)



Valerie Palmer - His name is Miles. He's more popular around here than me.





Rhonda LeMieux - This is Louie. We adopted him on Dec. 22nd and he is 7 months old..



Naida Weinert - Here is a picture of my fur baby. She is a cairn terrier named Minzey.



FURBABIES

Angel Kropf - Here are pictures of my cats. Big Kitty (the one in the bag) and Miss Kitty (included in the looking out the window picture) have been my pets



since March 2003. They will turn 16 years old in September. They have a good kitty life.



Kay Hart - Here is a pic of my fur baby Chase! This was a few years ago but I put the GVSU bandana on him and thought this the most appropriate pic for the newsletter. (Although he didn't like if very much, LOL!)



Lindsay Bogi - Here is a picture of my dog, Dexter.



Cheryl Fischer - This is my grandson Max getting his morning hug from his Bernadoodle puppy, Murphy. Murphy is only 5 months old in this picture. Look at those paws. Can't wait to see how large he gets!





Linda Schmidt - Here are photos of my Gatito. He will be 7 years old this July.





Susan Brunell - Charlie, Bear and Sam. Charlie is the youngest and loves to lay on Bear all the time. Bear always has to have two toys! Sam swimming on the Lake Michigan shoreline (such clear water!). We just got a camper and will be living the camper life this summer and taking Charlie and Bear with us. Sadly, our Sam passed away a few months ago.







Jane Bearinger - Their names are Sadie & Sam. Sadie is the Chihuahua and Sam is the Boston Terrier. We got Sadie when she was only 5 weeks old and Sam was 3. Sadie is very sweet like he is, not like other Chihuahuas who bark all the time. I think she learned from him



Laurel O'Bradovich - This is my fur baby Minx. He is 1 yrs old and a Blue point Lynx Siamese. He truly thinks he owns our house and everything in it.

FURBABIES

Maria Jaramillo-Gonzalez - Here's my fur babies Bella and Chula!





Michelle Holstege - This is my baby Remy – she loves to hold hands!



April Afton - The puppy is Brandee and other one is Sasha.



Bev Nyhuis - The first picture is Fergus George, my Morkie and the 2nd picture is one of my Granddogs, Edgar Nyhuis. Euchre & Luna – Dobermans, Zoey – cocker spaniel in the swing. Boris & Lola – French Bulldogs, Edgar – English Bulldogs That's all my grandpups!!











Irene Fountain -

- 1) The Ladies, Thelma and Louise
- 2) Lefty and Gator
- 3) Rascal in the foreground, Brody on the left, and Lefty directly behind Rascal
- 4) Couch potatoes 2: Top row: Rascal, Lefty, Gator, Bottom Row: Brody, Thelma, Louise

Yes, they're all mine cuz there ain't nothing like a hound dog (or six).











HEALTH & WELLNESS WORKSHOPS & INFORMATION

For members who have investments with TIAA:



TIAA Retirement Program Update Information

<u>Program Update Informational Seminar Schedule</u>

<u>Program Update Transition Guide</u>

<u>Program Update FAQ and Comparison Chart</u>

Farmers Market

www.gvsu.edu/farmersmarket

We look forward to seeing you back for the 2018 season June 6th!

June 6-October 24, 2018

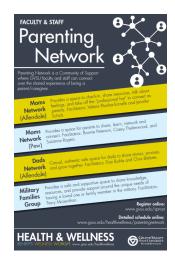
Parking Lot G

Follow us on <u>Facebook</u>, <u>Instagram</u>, and <u>Twitter</u> to stay up to date on all the Farmers Market news!



GVSU Parenting Network

www.gvsu.edu/healthwellness/ parentingnetwork



In February the GVSU Health and Wellness Team worked in conjunction with APSS employees and our health and wellness ambassadors to sell hearts to raise money for the AHA and it's GO RED efforts. I wanted to let you know we did raise \$922 for the cause. The photo below is at the Laker Store on the Allendale campus on the wall behind the register. Liza, as you know, It was impressive to see. Thank you for your part in making this happen. Dean McCurren from Kirkhof College of Nursing also wanted me to share her message of appreciation for your efforts:

Lindsey, thank you so much for sharing this with me. I am proud and grateful for GVSU's commitment to the work of the Go Red For Women initiative – what an extraordinary achievement raising \$922!!. Thank you so much for promoting this within the university and please, share my sincere appreciation to all those that made this happen. This will make a difference! Cynthia



MEMBER NEWS

Tammy Brasic - I am not sure if most people know this but on Amazon if you do smile.amazon.com you can pick different places to have money donated to for each order that you make. I have GVSU as the place I am supporting when I make purchases there. Anyone can do this but there is a way to support GVSU too.



PSS DEVELOPMENT

We hope those who attended the 2018 PSS Spring Appreciation Luncheon enjoyed the event! Here are few photos from the day. We would love to see any photos you might have from the event. If you have photos you would like to share with the committee, please send them to Bonnie Peterson: peterbon@gvsu.edu

















HR WORKSHOPS

PSS approved technical and non-technical opportunities coming soon, be sure to check Sprout regularly for scheduled workshops. If there is a topic that someone is specifically interested in they are welcome to email Bonnie Peterson with a suggestion: peterbon@gvsu.edu

GVSU Mom's Network – Grand Rapids (formerly What Mommies Do Best – Downtown)

12:00 – 1:00 PM Thursday, April 12 303C DeVos

Topic: Building Your Village – Making Mom Friends and How to Avoid Mom Shaming

Join us as we discuss how we as caretakers connect and build relationships with other caretakers, all while avoiding those 'mom-shame' moments that many experience from social media, society, friends and family. Please register on <u>Sprout</u>.

GVSU Moms Network (formerly What Mommies Do Best) - ALLENDALE

12:00 – 1:00 PM Tuesday, April 27 1012 JHZ

How to Speak with Children About Traumatic Events (with a guest speaker from Encompass). Please register on <u>Sprout</u>.

UNION NEWS



Each year our Union sponsors an "Indulge Day" for the Student Employees!

We are looking for volunteers to help with ice crème social on Thursday, April 12 during the following times on both campus. Allendale location-Kirkhof Rm 2215/16 Downtown location-University Club

Set up 11-11:30 Scoop 11:30-noon Scoop Noon-12:30 Scoop 12:30-1pm Clean up 1-1:30pm

If you are interested in scooping please contact Rhonda LeMieux at lemieuxr@gvsu.edu.



2017-2018 Building Representatives

Cheryl Bronner 1-3327 Student Service-1st floor

Tami John 1-2350 Kirkhof Cntr

Bill Grimaldi 1-3859 Alumni house, Service & Central Utilities

Carol Talsma 1-7323 Cntr of Health Sciences, Michigan Health Hill, & 515 Michigan

Barb Ellis 1-8611 Copy Center, Laker Store, & Kindschi

Cheryl Anderson 1-3482 Lindsey Burns 1-2186 Mac- A-D

Deb Rotman 1-2566 Calder, Superior, & Arts cntr

Mark Saint Amour 1-2530 Manitou & Fieldhouse

Hollie Rago 1-3426 Honors, Connection, Zumberg & Lake Michigan

Janet Potgeter 1-8531 Henry, Holton Hooker, & Padnos

Joyce Sullivan 1-3730 AuSable & Lake Huron

Autumn DeRoo 1-5936 Kennedy, Eberhard, Ferguson

Patti McCarthy 1-6751 DeVos 1st & 2nd floor

Sandra Jennings 1-6848 Bike Factory Seidman Center

Vacant Position Holland, Muskegon & Traverse City

Vicki Helgeson 1-2630 Library-Allendale campus

Vicki Wenger 1-3898 Lake Ontario Hall

Lindsay Bogi 1-3266 Student service 2nd & 3rd floors

Patrick Perry 1-6202 DeVos 3rd & 4th floors

Members Relations Team Cheryl Fischer-Chair 1-3000

Michelle Duram 1-3298

Vicki Helgeson 1-2630

IMPORTANT DATES

Easter - April 1

Commencement - April 27-28

End of the Semester - April 28

SUGGESTIONS FOR UPCOMING ISSUE

Any May news to share? Send a blurb on what news you have to my email, bakereri@gvsu.edu, by April 23.

APRIL DATES

Birthdays

3 - Rodney Hawkins

6 - Judy Conroy

9 - Leah Thomas

17 - Michelle Holstege

20 - Janet Potgeter

21 - Tami John

GVSU Anniversary
9- Judy Conroy

18 - Kellie Knight

24 - Julie Noto

Wedding Anniversary

5 - Sherri Nelson



If you would like your birthdate, GVSU anniversary, and/or wedding anniversary published in the newsletter email Erica at bakereri@gvsu.edu.

Thinking of You Cards:
Do you know someone
who is off work because
of surgery, illness, or
accident? Please let
Deb Barko know. She
will send a card from
our Association.